




PowerWest Athletics On Ice

July 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	June 29 7am Edge & Puck for all ages 7:45am Privates Pearkes GOLD Rink	30 No Ice	1 Happy Canada Day! No Ice today 	2 6:30am Edge & Puck for all ages 7:15am Privates Pearkes GOLD Rink	3 No Ice	4 No Ice
5 No Ice	6 Sunset skates at JDF 5pm U7 & Privates 5:30pm U9 6pm U11 6:30pm Private Lessons 7pm U13 & U15 8pm U18, Jr, Pro	7 6:30am Edge & Puck 7:15am Privates Above at Pearkes Sunset skates at JDF 5pm U7 & Privates 5:30pm U9 6pm U11 6:30pm Private Lessons 7pm U13 & U15 8pm U18, Jr, Pro	8 7am Edge & Puck 7:30 & 8am Privates Above at JDF Arena Sunset skates at JDF 5pm U7 & Privates 5:30pm U9 6pm U11 6:30pm Private Lessons 7pm U13 & U15 8pm U18, Jr, Pro	9 6:30am Edge & Puck 7:15am Privates Above at Pearkes Sunset skates at JDF 5pm U7 & Privates 5:30pm U9 6pm U11 6:30pm Private Lessons 7pm U13 & U15 8pm U18, Jr, Pro	10 No Ice	11 No Ice
12 No Ice	13 Sunset skates at JDF 5pm U7 & Privates 5:30pm U9 6pm U11 6:30pm Private Lessons 7pm U13 & U15 8pm U18, Jr, Pro	14 6:30am Edge & Puck 7:15am Privates Above at Pearkes Sunset skates at JDF 5pm U7 & Privates 5:30pm U9 6pm U11 6:30pm Private Lessons 7pm U13 & U15 8pm U18, Jr, Pro	15 7am Edge & Puck 7:30 & 8am Privates Above at JDF Arena Sunset skates at JDF 5pm U7 & Privates 5:30pm U9 6pm U11 6:30pm Private Lessons 7pm U13 & U15 8pm U18, Jr, Pro	16 6:30am Edge & Puck 7:15am Privates Above at Pearkes Sunset skates at JDF 5pm U7 & Privates 5:30pm U9 6pm U11 6:30pm Private Lessons 7pm U13 & U15 8pm U18, Jr, Pro	17 No Ice	18 No Ice
19 No Ice	20 No Ice	22 & 28 6:30am Edge & Puck all ages 7:15am Privates Above at Pearkes	23 & 30 7am Edge & Puck all ages 7:30 & 8am Privates Above at JDF Arena	24 & 31 6:30am Edge & Puck all ages 7:15am Privates Above at Pearkes	25 No Ice	26 No Ice

PowerWest Athletics works with hockey players helping them to be the best skater they can be. Skating is our focus but we also work on hockey skills and being the best human possible! The PWA Studio offers a variety of health and wellness programs including but not limited to: strength, spin, yoga, pilates, kickboxing,

HIIT and more! **Click here to Register.** skatewithmena@telus.net 250-415-5983 Welcome to the PWA community.

August Summer camps begin the week of August 10th ending September 4th.

We are committed to making a difference ~ Come join us ~ you will see!

